Ethical Student Hackers

How to Play a CTF



The Legal Bit

- The skills taught in these sessions allow identification and exploitation of security vulnerabilities in systems. We strive to give you a place to practice legally, and can point you to other places to practice. These skills should not be used on systems where you do not have explicit permission from the owner of the system. It is <u>VERY</u> easy to end up in breach of relevant laws, and we can accept no responsibility for anything you do with the skills learnt here.
- If we have reason to believe that you are utilising these skills against systems where you are not authorised you will be banned from our events, and if necessary the relevant authorities will be alerted.
- Remember, if you have any doubts as to if something is legal or authorised, just don't do it until you are able to confirm you are allowed to.
- Relevant UK Law: https://www.legislation.gov.uk/ukpga/1990/18/contents



Code of Conduct

- Before proceeding past this point you must read and agree to our Code of Conduct this is a requirement from the University for us to operate as a society.
- If you have any doubts or need anything clarified, please ask a member of the committee.
- Breaching the Code of Conduct = immediate ejection and further consequences.
- Code of Conduct can be found at https://shefesh.com/downloads/SESH%20Code%20of%20Conduct.pdf



SESH CTF SIGNUP!

Sheffield Ethical Student Hackers

CAPTURE THE FLAG

The History of Computer Science

7th April 12:00 - 9th April 18:00

Free Entry
Open to all universities

Sign up here







How to Play a CTF

What is a CTF?

- A Capture the Flag hacking competition
- You will solve various challenges and look for a flag, usually a string related to the challenge such as SESH{F4k3_fl4g_her3}
- Sometimes the flag won't have the SESH() wrapper, and you'll have to add it yourself
- Challenges require some creative thinking, but many of them should be doable if you've attended SESH sessions!

What will we cover today?

- Introduce you to some common challenge categories
- Tips, tricks, and tools
- Where to look for flags in certain challenge types
- Not all of this will be relevant for our CTF but some of it might be...



General Challenge Categories

Web: Anything web application-hacking related!

Crypto: Cryptography-based challenges - often finding the flaw in a badly implemented algorithm (RSA is a usual favourite) but sometimes you may find some more basic ciphers to decode

Reversing: Reverse Engineering challenges, usually finding secrets in a compiled binary or looking at how to break a vulnerable function

Pwn: Usually binary exploitation challenges

- You will usually get an IP + port that hosts the vulnerable binary
- You may get access to the source code

Forensics: usually searching through log files, pcap files, and machine memory images to find secrets or evidence of malware



General Challenge Categories

Boot2Root: go from an IP address to full root/SYSTEM access!

- Usually multiple stages: foothold (likely via a web app or file sharing services), initial shell, then privilege escalation - similar to things like HackTheBox

Other:

- Steganography
- Cloud-based challenges
- Hacking Kubernetes/Docker
- Challenges hidden on the platform itself!
- OSINT challenges where you have to find public information on the internet
- Automation/scripting-based challenges e.g. scraping a website



GOOGLE!! Google, google, google - if it exists, someone will have a CTF writeup about it

Web hacking skills:

- LFI, SQLI, XSS are common challenges!
- You may need to analyse Javascript code and look for secrets, functions that are vulnerable,
 obfuscated passwords, etc
- Common paths to flags and things to remember: check page source, robots.txt
- Always worth running SQLMap but usually brute force is not the answer
- Some Challenges require Remote Code Execution once you have the flag, you shouldn't attack the underlying infrastructure for the CTF!
- Remember your basics! Check version numbers, try admin:admin and default creds...

Crypto:

- Know your basic substitution ciphers (Caesar, Vigenere) and how to attack them with frequency analysis
- Know some common pitfalls in RSA! E.g. small primes



Other quick web hacking checks:

- Nikto and wpscan
- Check for obvious paths like /admin, /wp-admin

Pwn: Remember your Buffer Overflow training from last week!

Steganography:

- Information hidden in files, such as images
- Useful commands: strings, hexdump, binwalk
- https://fareedfauzi.gitbook.io/ctf-checklist-for-beginner/steganography

Look at writeups: https://ctftime.org/ and useful tools: https://github.com/apsdehal/awesome-ctf



Forensics & Reversing (often some overlap):

- Know how to analyse a pcap file with Wireshark
 - wireshark [file.pcap]
 - Look for interesting requests (e.g. to /login) or leaked secrets in handshakes
 - Right Click > Follow TCP Stream to see the full request rather than the individual packets
 - Practice: https://tryhackme.com/room/c2carnage
- Interact with a machine image using <u>volatility</u>
 - volatility imageinfo -f [file.mem] to get machine details and pick a profile e.g. Win7SP1x64
 - volatility -f [file.mem] profile=[PROFILE] pslist to list processes
- Analysing word documents: <u>oletools</u> -> <u>olevba</u> [FILE]
- Have a read of the following to see the range of possible challenges in Forensics + Reversing!
 https://darkdefender.medium.com/write-up-memory-forensics-in-the-def-con-dfir-ctf-c2b50ed62c6b
 and https://yan1x0s.medium.com/htb-x-uni-ctf-writeup-forensics-d3d122a71e36

Automation:

- Using Web Scraping to visit websites and fill out forms or scrape sites for information in a short amount of time.
 - Web Scraping tools include:
 - Selenium [Link to previous session slides]
 - BeautifulSoup [Link to previous session slides]
 - When Web Scraping also remember to use XPaths in order to easily select items on a webpage.
 - If a site does have a captcha this can be counteracted by having the program wait until you
 press enter etc, and then letting it launch the scraping program. [Maybe also include a delay so
 you don't get blocked for too many requests]
 - When web scraping an import thing to remember is that website cookies will in most cases need to be preserved.

Remember your common ports:

- 20 + 21 (FTP)
- 22 (SSH)
- 80 (HTTP)
- 443 (HTTPS)
- 139 + 445 (SMB)
- 8080 (Often a web proxy)
- 3000 (Often for Node/Express servers)
- 3306 (MySQL)

This is useful if you're port scanning, but that's only usually required on a Boot2Root Challenge - most challenges will give you an IP and specific port to attack, please don't scan the rest of the ports on the machine unless you are certain it's required for the challenge!

Reversing Checklist

Commands to run:

- file [BINARY]
- Strings [BINARY]
- oletools
- ptrace

Run the binary to see what it does!

Live debug with gdb/ollydbg - Dynamic Analysis

Reverse with Ghidra - Static Analysis

- Get Ghidra here
- Try to label/retype functions and variables that you find
- You can cross-reference memory addresses with GDB to find the value of variables when the binary runs



Using Ghidra

Run with /path/to/ghidraRun

New Project

Press 'i' to import a file

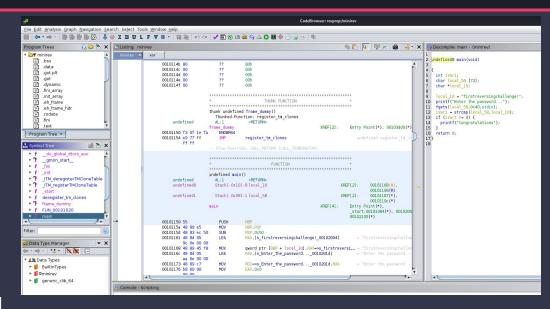
Double click the imported file

Click Analyse

Middle is assembly code, right is decompiled

Functions view lets you find main()

Search > Strings finds strings





Double click a variable/function to view it in assembly - L to rename, Ctrl + L to retype

Mini Reversing Challenge

Challenge 1: Find the password inside the file!

Challenge 2: Decipher the password based on the method of checking it

Download files: https://shefesh.com/assets/demos/revpractice.zip



Old CTF Solutions

If we have time, I'll go over some old challenges from last year's CTF





Upcoming Sessions

What's up next? www.shefesh.com/sessions

Next week

The week after that

And the week after that

And the week after that

And the week after that

Any Questions?



www.shefesh.com
Thanks for coming!

